

MAKING RECOVERY A REALITY *SELECTED ACCOMPLISHMENTS*

Transforming the Nation's mental health system

When the President's New Freedom Commission on Mental Health submitted its final report, *Achieving the Promise: Transforming Mental Health Care in America*, it recommended a wholesale transformation of the Nation's approach to mental health care. Since then, SAMHSA has undertaken the Administration's first review and response to this historic document and, in collaboration with partners spanning the Cabinet Departments, has developed and is implementing an action agenda to strengthen the Nation's mental health system.

Expanding treatment capacity, promoting consumer choice

In support of President Bush's Access to Recovery initiative—a voucher program designed to empower individuals seeking community-based drug and alcohol treatment to choose the providers that best meet their needs—SAMHSA is overseeing a \$100 million discretionary grant program to move the President's vision forward. These funds have established a State-run program, in 10 States, that will increase treatment capacity and focus on outcomes.

Improving outcomes for people with co-occurring disorders

Since December 2002, when SAMHSA submitted its landmark Report to Congress on co-occurring mental and substance use

disorders, the Agency has made great strides in achieving the action steps outlined in the Report, including funding State Incentive Grants for Co-Occurring Disorders, establishing a technical assistance and cross-training center, creating an evidence-based practices toolkit on treatment for co-occurring disorders, expanding SAMHSA's National Registry of Effective Programs to include effective treatments for co-occurring disorders and releasing an updated Treatment Improvement Protocol on co-occurring disorders.

Strategic Prevention Framework

SAMHSA has created a strategic prevention framework built on science-based theory, evidence-based practices and the knowledge that effective prevention programs must engage individuals, families and entire communities. Supported by more than \$532 million in SAMHSA funding in 2005, the new Strategic Prevention Framework sets into place a step-by-step process that empowers communities to identify and implement the most effective prevention efforts for their specific needs. SAMHSA's Substance Abuse Prevention State Incentive Grant program is the foundation of the Strategic Prevention Framework—providing funds to States and territories to promote partnership development. SAMHSA is providing \$61.1 million in new capacity expansion grants to enhance the prevention infrastructure and service delivery at the State level.

Reducing teen drug use and sales of tobacco to children

Reversing a resurgence of teen drug use during the 1990s, drug use among 8th, 10th and 12th graders has declined by 17 percent in the past 3 years—exceeding the President's goal of reducing teen drug use by 10 percent. SAMHSA has contributed to this reduction by providing funding to States, local governments and community-based organizations to implement science-based prevention programs. Likewise, through SAMHSA's block grant funding and efforts to help States reduce sales of tobacco to children under age 18, the national retailer violation rate dropped to 12.8 percent in 2004, down from 14.1 percent in 2003 and 40.1 percent in 1996.

Addressing the Nation's disaster mental health and substance abuse needs

SAMHSA has a long history in responding to disaster-related mental health and substance abuse issues as well as in providing assistance at the community level in the wake of emergencies. In November 2001—just weeks after the terrorist events of September 11—SAMHSA convened a national summit in New York City to examine the needs of communities before, during and after disasters, and to ensure readiness for the ongoing war on terrorism. SAMHSA continues to support these efforts with emergency planning grants, training and technical assistance.



SAMHSA

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Building resilience...

Facilitating recovery...

A life in the community for everyone

Contact

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Substance Abuse Resources

SAMHSA'S NATIONAL CLEARINGHOUSE
FOR ALCOHOL AND DRUG
INFORMATION (NCADI)

1 (800) 729-6686 (English and Spanish)
or 1 (800) 487-4889 (TDD)

<http://www.ncadi.samhsa.gov>

Mental Health Resources

SAMHSA'S NATIONAL MENTAL HEALTH
INFORMATION CENTER

1 (800) 789-2647 or 1 (866) 889-2647 (TTY)

<http://www.mentalhealth.samhsa.gov>

The Substance Abuse and Mental Health Services Administration (SAMHSA), part of the U.S. Department of Health and Human Services (HHS), focuses attention, programs and funding on promoting a life in the community with jobs, homes and meaningful relationships with family and friends for people with or at risk for mental or substance use disorders. The Agency is achieving that vision through an action-oriented, measurable mission of building resilience and facilitating recovery.

For detailed information about current grant opportunities, browse the SAMHSA Web site at

www.samhsa.gov and click on "Grants." Visit regularly for updates.



U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES

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The Substance Abuse and Mental Health Services Administration (SAMHSA) has established a clear vision for its work—a life in the community for everyone. To realize this vision, the Agency has sharply focused its mission on building resilience and facilitating recovery for people with or at risk for mental or substance use disorders. SAMHSA is gearing all of its resources—programs, policies and grants—toward that outcome.



THE CHALLENGE

In 2003, nearly 22 million Americans, aged 12 or older, were classified with substance abuse or dependence; nearly 20 million adults, aged 18 or older, were living with a serious mental illness, according to SAMHSA’s *National Survey on Drug Use and Health*.

Millions of individuals who could benefit from mental health services and substance abuse treatment do

not get the care that could help them. The economic costs of undiagnosed and untreated mental and substance use disorders are staggering. The human costs—measured in lost jobs, lost families and lost lives—are incalculable.

Yet, mental and substance use disorders are treatable, chronic illnesses from which people can and do recover. The toll of substance abuse and mental

illnesses can be dramatically reduced by prevention and early intervention with state-of-the-art, research-based services and supports. SAMHSA is bringing this new knowledge to communities across the Nation to ensure that people with or at risk for mental or substance use disorders have the opportunity for recovery and a fulfilling life in the community.

MEETING THE CHALLENGE THROUGH NATIONAL LEADERSHIP

Through its three Centers and supporting Offices, SAMHSA engages in program activities to carry out its mission. With a fiscal year 2005 budget of nearly \$3.3 billion, SAMHSA funds and administers a rich portfolio of grant programs and contracts that support States’ efforts to expand and enhance prevention programs and to improve the quality, availability and range of substance abuse treatment and mental health services—in local communities—where people can be served most effectively.

At the heart of SAMHSA’s funding programs is accountability. Today, SAMHSA’s formula and discretionary grant programs are changing to focus on performance measurement and management—holding grantees accountable for performance-based outcomes. Driven by a strategy to improve accountability, capacity and effectiveness, SAMHSA ensures that its resources are being used effectively and efficiently and also that these resources are being invested in the best interest of the people SAMHSA serves.

SAMHSA’s Center for Mental Health Services

The Center for Mental Health Services (CMHS) leads Federal efforts in expanding the availability and accessibility of high-quality, community-based services for adults with serious mental illnesses and children with serious emotional disturbances. CMHS administers the Mental Health Services Block Grant Program, as well as a portfolio of discretionary grant programs that include efforts to help prevent mental health problems. The Center collects, analyzes and disseminates national data on mental health services and supports SAMHSA’s National Mental Health Information Center, a one-stop source for free information, resources and referrals on an array of mental health topics.

SAMHSA’s Center for Substance Abuse Prevention

The Center for Substance Abuse Prevention (CSAP) works to improve the quality of substance abuse prevention practices nationwide. Through its discretionary grant programs, the Center provides States, communities, organizations and families with tools to promote protective factors and to reduce risk factors for substance abuse. CSAP also supports the National Clearinghouse for Alcohol and Drug Information (NCADI), the largest Federal source of information about substance abuse research, treatment and prevention available to the public.

SAMHSA’s Center for Substance Abuse Treatment

The Center for Substance Abuse Treatment (CSAT) promotes the quality and availability of community-based

substance abuse treatment services for individuals and families who need them. CSAT works with States and community-based groups to improve and expand existing substance abuse treatment services under the Substance Abuse Prevention and Treatment Block Grant Program. CSAT also supports SAMHSA’s free treatment referral service to link people with the community-based substance abuse services they need.

Office of Applied Studies

The Office of Applied Studies (OAS) collects, analyzes and disseminates national data on behavioral health practices and issues. OAS is responsible for the annual *National Survey on Drug Use and Health*, the *Drug Abuse Warning Network* and the *Drug and Alcohol Services Information System*, among other studies.

BRINGING NEW SCIENCE-BASED KNOWLEDGE TO COMMUNITY-BASED SERVICES

SAMHSA has identified ways to improve effectiveness, to increase capacity to serve and to provide accountability for its programs, policies and budget. Key priorities for the Agency and for the field have been set and identified in a matrix of program priorities and cross-cutting principles. By focusing on these priority areas, SAMHSA can help provide people with the services they need to live, work, learn and participate fully in their communities.

With the continued support of its many partners, SAMHSA will continue to bring the message of hope, courage and recovery and the promise of a life in the community to every individual it touches through its work.

SAMHSA Priorities: Programs & Principles Matrix		Cross-Cutting Principles									
Programs/Issues	Co-Occurring Disorders	Science to Services/Evidence-Based Practices	Data for Performance Measurement & Management	Collaboration with Public & Private Partners	Recovery/Reducing Stigma & Barriers to Services	Cultural Competency/Eliminating Disparities	Community & Faith-Based Approaches	Trauma & Violence (e.g. Physical & Sexual Abuse)	Financing Strategies & Cost-Effectiveness	Rural & Other Specific Settings	Workforce Development
	Substance Abuse Treatment Capacity										
	Seclusion & Restraint										
	Strategic Prevention Framework										
	Children & Families										
	Mental Health System Transformation										
	Disaster Readiness & Response										
	Homelessness										
	Older Adults										
	HIV/AIDS & Hepatitis										
	Criminal & Juvenile Justice										

A Life In The Community For Everyone
Building Resilience & Facilitating Recovery